

S.N.	Name	Height	Himal	Region		
1	ABI	6097	MAHALANGUR	SOLUKHUMBU		
2	Ama Dablam	6812	Khumbu	Sagarmatha	27 51 42	86 51 50
3	AMOLSANG	6392	DAMODAR	MUSTANG/MANANG	Hight ?	
4	AMPHU GYABEIN	5647	MAHALANGUR	TAPLEJUNG		
5	AMPHU I	6840	MAHALANGUR	SOLUKHUMBU		
6	ANIDESH CHULI	6960	KANCHENJUNGA	TAPLEJUNG		
7	Annapurna 1	8091	Annapurna	Gandaki	28 35 45	83 49 20
8	Annapurna 2	7937	Annapurna	Gandaki	28 32 05	84 07 30
9	Annapurna 3	7555	Annapurna	Gandaki	28 35 01	83 59 31
10	Annapurna 4	7525	Annapurna	Gandaki	28 32 14	84 05 02
11	Annapurna South	7219	Annapurna	Gandaki	28 31 04	83 48 30
12	Api	7132	Gurans	Mahakali	30 00 15	80 56 00
13	Api West	7100	Byas-Rikhi	Darchula	30 00	80 55
14	ARNIKO CHULI	6039	MUSTANG HIMAL	MUSTANG		
15	BAMONGO	6400	GAURISHANKAR	DOLAKHA		
16	Barun Tse	7129	Barun	Koshi	27 52 19	86 58 55
17	Baudha	6672	Mansiri	Gandaki	28 22 43	84 40 38
18	Bhairab Takura (Madiya Peak)	6799	Jugal	Bagmati	28 11 53	85 46 28
19	Bhemdang Ri	6150	Langtang	Bagmati	28 16 25	85 39 56
20	Bhrikuti	6364	Damodar	Dhaulagiri	29 53 37	84 13 04
21	Bobaye	6808	Gurans/Yoka	Mahakali	29 57 33	81 01 21
22	BOKTA PEAK	6143	KANCHENJUNGA	TAPLEJUNG		
23	CHABUK (TSAJIRIP)	6960	KANCHENJUNGA	TAPLEJUNG		
24	CHAGO	6895	MAHLANGUR	SOLUKHUMBU		
25	CHAKO	6704	Peri Himal	Manang	28 52 51	84 17 19
26	Chamar	7187	Serang	Gandaki	28 33 19	84 56 48
27	Chamlang	7319	Mahalangur	Sagarmatha Barun	27 46 30	86 58 57
28	CHANDI HIMAL	6096	CHANDI HIMAL	HUMLA	??	
29	CHANG HIMAL (RAMTANG)	6750	KANCHENJUNGA	TAPLEJUNG		
30	Changla	6563	Changla	Karnali	30 18 11	82 07 44
31	CHANGWATNANG	6125	CHANDI HIMAL	HUMLA	OAC 2000 Climbed	
32	CHAW PEAK	6404	Kanchanjunga	Janak	27 54 34	87 56 37
33	CHEKIGO	6257	GAURISHANKAL	DOLAKHA		
34	Cheo Himal	6820	Peri	Gandakir	28 45 52	84 27 06
35	CHHIV HIMAL	6655	DAMODAR	MUSTANG		
36	CHHOCHENPHU HIMAL	6260	Kanchanjunga	Janak	27 49 55	87 46 02

37	CHHUBOHE PEAK	5603	ANNAPURNA	MANANG		
38	Chhukungri	5550	Khumbu	Sagarmath	27 55 29	86 52 55
39	Cho Polu	6711	Mahalangur	Sagarmatha	27 55 09	86 58 55
40	Chobuje	6685	Rolwaling	Janakpur	27 52 50	68 29 33
41	CHOLA RI	6934	KHUMBU HIMAL	SOLUKHUMBU		
42	Cholatse	6440	Khumbu	Sagarmatha	27 53 06	86 46 18
43	Cho-O-You	8201	Khumbu	Sagarmatha	28 05 37	86 39 43
44	Chulu East	6584	Damodar	Gandaki	28 44 09	84 02 10
45	Chulu West	6419	Damodar	Gandaki	28 44 36	84 01 32
46	Churen	7371	Dhaulagiri	Dhaulagiri	28 43 55	83 12 54
47	Danfe Sail	6103	Kanjirowa			
48	DANGA	6355	KANCHENJUNGA	TAPLEJUNG		
49	DAZANEY (DZANEYE PEAK)	6710	KANCHENJUNGA	TAPLEJUNG		
50	DHAGPAHE (Yansa Tsenji)	6567	Langtang	Bagmati	28 15 23	85 36 40
51	Dhampus	6012	Mukut	Dhaulagiri	28 47 49	83 36 57
52	DHAULAGIRI	6633	SAIPAL	BAJHANG		
53	Dhaulagiri I	8167	Dhaulagiri	Dhaulagiri	28 41 46	83 29 43
54	Dhaulagiri II	7751	Dhaulagiri	Dhaulagiri	28 45 46	83 23 22
55	Dhaulagiri III	7715	Dhaulagiri	Dhaulagiri	28 45 16	83 22 46
56	Dhaulagiri IV	7661	Dhaulagiri	Dhaulagiri	28 44 19	83 18 55
57	Dhaulagiri V	7618	Dhaulagiri	Dhaulagiri	28 44 04	83 21 56
58	Dhaulagiri VI	7268	Dhaulagiri	Dhaulagiri	28 42 30	83 16 31
59	DINGIUNG RI	6258	GAURISHANKAR	DOLAKHA		
60	DOGARI HIMAL	6536	Dhawalagiri	Dhawalagiri	28 46 02	83 06 03
61	DOMEKHAN	7264	KANCHENJUNGA	TAPLEJUNG		
62	Dorje Lhakpa	6966	Jugal	Bagmati	28 10 26	85 40 55
63	DRAGMORPA RI (Panaya Tippa)	6185	Langtang	Bagmati	28 19 31	85 39 58
64	Drahmo	6855	Kanchenjunga	Mechi	28 24 59	84 14 59
65	Dranganag Ri	6801	Rolwaling	Janakpur	27 56 22	86 31 28
66	EK RATE DADA	6312	MAKALU	SHANKNUWASAWA		
67	Fimkof	6697	Saipal	Bajhang (Humla)	29 54	81 27
68	Fimkof West	6645	Saipal	Bajhang	29 53	81 26
69	GAJANG	6112	DAMODAR	MUSTANG		
70	Ganchenpo	6387	Jugal	Bagmati	28 10 08	85 40 55
71	Gandharva	6248	Annapurna	Gandaki	28 32 16	83 57 45
72	Ganesh I(Yangra)	7429	Ganesh	Bagmati	28 23 30	85 07 38
73	Ganesh II	7111	Ganesh	Bagmati	28 22 46	85 03 32

74	Ganesh III (Salasungo)	7110	Ganesh	Bagmati	28 20 07	85 07 19
75	Ganesh IV (Pabil)	7052	Ganesh	Bagmati	28 22 17	85 03 43
76	Ganesh V	6986	Ganesh	Bagmati	28 19 53	85 09 49
77	GANESH VI	6908	GAURISHANKAL	DOLAKHA		
78	Gangapurna	7455	Annapurna	Gandaki	28 36 18	83 57 00
79	GAUGURI	6170	DAMODAR	MUSTANG		
80	Gauri Shanker	7134	Rolwaling	Janakpur	27 57 57	86 20 07
81	Ghenye Liru	6571	Langtang			
82	GHHANYALA HIES	6779	KANCHENJUNGA	TAPLEJUNG		
83	GHUSTUNG NORTH	6529	Dhawalagiri	Dhawalagiri	28 40 50	83 14 52
84	GHUSTUNG SOUTH	6465	Dhawalagiri	Dhawalagiri	28 40 20	83 14 47
85	Gimigela Chuli	7350	Kanchenjunga	Mechi	20 49 12	88 10 35
86	Gokyori	5450	Khumbu	Sagarmatha	27 58 03	86 40 58
87	GORKHA HIMAL	6092	MAHALANGUR	SOLUKHUMBU		
88	Gurja Himal	7913	Dhaulagiri	Dhaulagiri	28 40 26	83 16 37
89	Gurkarpo Ri	6891	Jugal	Bagmati	28 12 38	85 46 38
90	Gyachung Kang	7952	Khumbu	Sagarmatha	28 05 53	86 44 32
91	GYAJIKANG	7074	PERI	MANANG	OPENED peak	
92	Gyajikang	7038	Namjung Peri Himal	Gandaki	28 44 06	84 22 04
93	Gyalzen Peak	6151	Jugal	Bagmati	28 11 00	85 50 17
94	Himachuli West	7540	Mansiri	Gandaki	28 26 07	80 37 07
95	Himalchuli E.	7893	Mansiri	Gandaki	28 26 08	84 38 32
96	Himalchuli N.	7371	Mansiri	Gandaki	28 26 59	84 36 23
97	HIMJUNG	7140	PERI	MANANG		
98	Himlung Himal	7126	Peri	Gandaki	28 50 34	83 25 19
99	Hiunchuli	6441	Annapurna	Gandaki	28 30 39	83 51 03
100	HONGDE	6556	DAMODAR	DHAULAGIRI		
101	Hongde	6556	Mukut	Karnali	28 50 34	83 29 57
102	HONGU (Sura Peak)	6764	Mahalangur/makalu	Chamlang/makalu	27 49 31	86 58 46
103	Hunchi	7036	Mahalangur	Sagarmatha		
104	HUNKU	6119	MAALANGUR	SOLUKHUMBU		
105	Imja tse (Island Peak)	6183	Khumbu	Sagarmatha	27 55 15	86 56 14
106	Jagdula Peak	5764	Jagdula	Karnali	29 19 30	82 35 30
107	JANAK	7044	KANCHENJUNGA	TAPLEJUNG		
108	Jethi Bahurani	6850	Gurans	Mahakali	29 52 56	81 02 37
109	JOBO RIBJANG	6666	MAHALANGUR	SOLUKHUMBU		
110	JOMSOM PEAK	6581	DAMODAR	MUSTANG		

111	Jongsang Peak	7483	Janak	Mechi	27 52 52	88 08 08
112	KABRU	7318	Kanchanjunga	Singalila	27 36 29	88 06 45
113	Kagmara	5960	Kanjiroba	Karnali	29 08 20	82 45 40
114	KALO PARBAT	5419	Mukut Himal	Dhaulagiri	83 25	24 48
115	KAMBONG PEAK	6570	Dhawalagiri	Dhawalagiri	28 39 34	83 18 24
116	Kanchenjunga (Main)	8586	Kanchenjunga	Mechi	27 42 09	88 09 25
117	Kanchenjunga (Sough)	8476	Kanchenjunga	Mechi	27 41 31	88 09 25
118	Kanchenujunga	8476	Kanchenjunga	Mechi	27 42 35	88 09 20
119	Kande Hiunchuli	6627	Patrasi	Karnali	29 24 40	82 33 37
120	Kang Guru	6981	Peri	Gandaki	28 39 27	84 19 20
121	KANG KURU	6355	DAMODAR	MUSTANG		
122	KANG NAGCHUGO	6737	GAURISHANKAR	DOLAKHA		
123	Kangbachen	7903	Kanchenjunga	Mechi	27 43 00	88 06 48
124	Kangfu Gaton Kanta Gaton	5916	Kanjirowa			
125	Kangja Chuli	5844	Langtang	Bagmati	28 09 00	85 35 50
126	Kangtega (Kantega)	6779	Khumbu	Sagarmatha	27 47 32	86 49 07
127	Kangtokla	6294	Kanjiroba	Karnali	28 48 01	84 20 05
128	Kanjerawa	6612	Kanjiroba	Karnali	28 14 00	82 52 35
129	Kanjiroba (Mainpeak)	6883	Kanjiroba	Karnali	29 22 23	82 38 35
130	KANTI HIMAL	6859	KANTI	MUGU		
131	KAPTANG	5965	Kanti Himal	Karnali	29 55 35	82 34 32
132	Karyolung	6511	Rolwaling	Sagarmatha	27 43 55	86 36 55
133	Khang Sar Kang	7485	Annapurna	Gandaki	28 36 50	83 52 29
134	Khangri Shar	6811	Mahalangur			
135	Khangri West	6773	Mahalangur			
136	Khatang	6582	Rolwaling	Janakpur	27 45 25	86 35 50
137	Khatung Kang	6484	Ptrung Himal			
138	KHAYAN	6186	Mansiri	Gandaki	28 38 01	84 42 55
139	KHIURIKALA	5806	SAIPAL	BAJHANG		
140	Khonga Tse	5849	Khumbu	Sagarmatha	27 56 37	86 50 30
141	KHUMJUNG	6759	DAMODAR	MUSTANG		
142	Kirat Chuli (Tent Peak)	7365	Kangchenjunga	Mechi	27 47 10	88 11 55
143	KOJICHTWA CHULI	6439	Kanti Himal	Karnali	29 51 50	82 38 47
144	KOKTHANG	6148	Kanchanjunga	Singalila	27 33 49	88 04 54
145	KORKO	6053	SAIPAL	BAJHANG		
146	KUMBATSE	6639	MAHALANGUR	SOLUKHUMBU		
147	Kumbhakarna (Jannu)	7710	Kanchenjunga	Mechi	27 40 58	88 02 45

148	Kusum Kanguru	6367	Khumbu	Sagarmatha	27 43 50	86 47 28
149	Kwangde	6011	Rolwaling	Sagarmatha	27 48 01	86 38 02
150	KYABURA	6332	KANCHENJUNGA	TAPLEJUNG		
151	KYASHAR	6770	MAHALANGUR-MAKAL	SHANKNUWASAWA		
152	KYAZO RI	6186	MAHALANGUR	SOLUKHUMBU		
153	KYUNGKA RI 1	6599	Langtang	Bagmati	28 17 48	85 40 21
154	KYUNGKA RI 2	6506	Langtang	Bagmati	28 18 12	85 40 02
155	LACHAMA CHULI	6721	Changla Himal	Karnali	30 08 08	82 11 58
156	LACHUNG KANG	6786	Kanchanjunga	Janak	27 51 22	88 10 48
157	Lamjung Himal	6983	Annapurna	Gandaki	28 29 22	84 11 30
158	LANG CHUNG KANG	6475	KANCHENJUNGA	TAPLEJUNG		
159	LANGMOCHEN RI	6617	MAHALANGUR	SOLUKHUMBU		
160	Langsisa Ri	6427	Jugal	Bagmati	28 13 01	85 42 49
161	Langtang Lirung	7234	Langtang	Bagmati	28 15 22	85 31 10
162	Langtang Ri	7205	Langtang	Bagmati	28 22 55	85 41 01
163	LANPO PEAK	6965	Kanchanjunga	Janak	27 51 12	88 11 51
164	LARKYA PEAK	6249	MANASLU	GORKHA		
165	Lemgpo Peak	6954	Kanchenjunga	Mechi	27 51 13	88 11 56
166	Leonpo Gang	6979	Jugal	Bagmati	28 11 45	85 48 00
167	LHAYUL PEAK	6397	API HIMAL	HUMLA		
168	Lhotse	8516	Khumbu	Sagarmatha	27 57 45	86 56 03
169	Lhotse Middle	8413	Mahalangur	Sagarmatha		
170	Lhotse Shar	8400	Khumbu	Sagarmatha	27 57 30	86 56 35
171	LIKHU CHULI 1 (Pig pherago Shar)	6719	Mahalangur	Rolwaling	27 48 40	86 32 43
172	LIKHU CHULI 2 (Pig pherago Nup)	6659	Mahalangur	Rolwaling	27 48 18	86 31 35
173	LINTREN	6714	MAHALANGUR	SOLUKHUMBU		
174	Lobuje	6119	Khumbu	Sagarmatha	27 58 08	86 47 05
175	Lobuje West	6145	Khumbu	Sagarmatha	27 53 23	86 46 45
176	LOSHAR I	6930	KANCHENJUNGA	TAPLEJUNG		
177	LOSHAR II	6860	KANCHENJUNGA	TAPLEJUNG		
178	LUMBA SUMBA	5670	KANCHENJUNGA	TAPLEJUNG		
179	LUMBA SUMBA PEAK	5672	LUMBASUMBA	TAPLEJUNG		
180	Lung Sampa	6100	Mahalangur			
181	LUZA PEAK	5726	MAHALANGUR	TAPLEJUNG		
182	MACHHERMO	6340	MAHALANGUR	SOLUKHUMBU		
183	Madri Himal	5587	Annapurna	Gandaki	28 56 15	86 50 1
184	Makalu I	8463	Mahalangur	Koshi	27 53 23	87 05 20

185	Makalu II (Kangchugtse)	7678	Mahalangur	Koshi	27 54 57	87 04 44
186	Manapathi	6380	Dhaulagiri	Dhaulagiri	28 38 44	83 27 30
187	Manaslu	8163	Mansiri	Gandaki	28 32 58	84 33 43
188	Manaslu North	7157	Mansiri	Gandaki	28 36 14	84 32 40
189	MARIYANG	6528	Kanjiroba	Karnali	29 41 35	82 53 25
190	MDM PEAK	6270	KANCHENJUNGA	TAPLEJUNG		
191	Mera Peak	6654	Khumbu	Sagarmatha	27 46 27	86 54 40
192	Mera South	6064	Mahalangur			
193	MERRA	6344	KANCHENJUNGA	TAPLEJUNG		
194	MOJKA PEAK	6032	KANCHENJUNGA	TAPLEJUNG		
195	MT. RATNA CHULI	7035	PERI	MANANG		
196	NAGPAI GOSUM I	7312	MAHALANGUR	SOLUKHUMBU		
197	NAGPAI GOSUM II	7296	MAHALANGUR	SOLUKHUMBU	Chamar	
198	NAGPAI GOSUM III	7488	MAHALANGUR	SOLUKHUMBU		
199	Nala Kankar	6062	Nalakankar	Karnali	30 21 27	81 23 58
200	Nampa	6755	Gurans	Mahakali	30 00 30	81 00 00
201	NAMPA II (N I)	6700	GURANS	DARCHULABAJHANG		
202	NAMPA III (N III)	6618	GURANS	DARCHULABAJHANG		
203	Nampa, South	6580	Byas-Rikhi	Darchula/Bajhang	29 58	81 01
204	NANGAMARI 1	6547	Kanchanjunga	Janak	27 54 38	87 52 05
205	NANGAMARI 2	6205	Kanchanjunga	Janak	27 53 29	87 52 00
206	NAR PHU	5748	PERI	GORKHA		
207	Naulekh	6240	Mahalangur			
208	Nemjung	7139	Annapurna			
209	Nepal Peak	6910	Kanchenjunga	Mechi	27 46 37	88 10 30
210	Ngadi Chuli (Peak 29 Dakura)	7871	Mansiri	Gandaki	28 30 13	84 34 09
211	Ngojumbakang	7743	Khumbu	Sagarmatha	28 06 22	86 42 22
212	Nheserku	5927	Mahalangur	Sagarmatha		
213	Nilgiri Central	6940	Nilgiri	Dhaulagiri	28 06 22	86 42 22
214	Nilgiri North	7061	Nilgiri	Dhaulagiri	28 41 21	83 44 48
215	Nilgiri South	6839	Nilgiri	Dhaulagiri	28 39 15	83 43 58
216	NIREKHA PEAK	6159	MAHALANGUR	SOLUKHUMBU		
217	Norbu Kan	6005	Kanjirowa			
218	Numbur	6957	Rolwaling	Sagarmatha	27 45 15	83 43 58
219	Numri	6677	Mahalangur	Sagarmatha		
220	Nuptse	7855	Khumbu	Sagarmatha	27 58 02	85 53 14
221	Ohmi Kanga	6829	Janak	Mechi	27 53 52	87 57 51

222	OMBIGAICHEN	6340	MAHALANGUR	SOLUKHUMBU		
223	P2	6251	Manaslu Himal	Gandaki		
224	PABUK KANG (Kangata)	6244	Kanchanjunga	Janak	27 56 59	87 50 38
225	Paldor Peak	5896	Ganesh	Bagmati	28 16 43	85 11 02
226	PALUNG RI	7012	MAHALANGUR	SOLUKHUMBU		
227	PANALOTAPA	6687	Mahalangur	Rolwaling	27 48 15	86 34 09
228	PANBARI	6905	PERI	MANANG		
229	PANBUK RI	6716	MAHALANGUR	SOLUKHUMBU		
230	PANDRA	6850	KANCHENJUNGA	TAPLEJUNG		
231	PANPOCHE 1 (Pang Phunch)	6620	Mansiri	Gandaki	28 37 43	84 41 00
232	PANPOCHE 2 (Pang Phunch)	6504	Mansiri	Gandaki	28 36 51	84 41 13
233	Parchemuche	6187	Rolwaling	Janakpur	27 49 40	86 32 4
234	Pasang Lhamu	7351	Mahalangur	Sagarmatha	28 04 24	86 36 51
235	PASHUWO	6177	Langtang	Gandaki	28 31 54	85 09 54
236	Pathivara Chuli	7125	Kanchenjunga	Mechi	20 49 12	88 10 35
237	Patrasi	6450	Patrasi	Karnali	29 25 22	82 35 15
238	Peak 38	7590	Mahalangur	Sagarmatha		
239	PEAK 4	6736	Mahalangur/makalu	Chamlang/makalu	27 49 37	87 03 03
240	PEAK 41	6654	MAHALANGUR	SOLUKHUMBU		
241	PEAK43	6779	MAHALANGUR	SOLUKHUMBU		
242	PETHANGTSE	6739	MAHALANGUR	SOLUKHUMBU		
243	PHARILAPCHA	6017	MAHALANGUR	SOLUKHUMBU		
244	PHOLE	6645	KANCHENJUNGA	TAPLEJUNG		
245	PHU KANG	6694	Peri Himal	Manang	28 47 35	84 26 51
246	PHUNGI	6538	Mansiri	Gandaki	28 33 16	84 29 09
247	Phurbi Chyachu	6631	Jugal	Bagmati	28 07 50	85 52 10
248	Pisang	6091	Damodar	Gandaki	26 38 57	84 11 25
249	Pokalde	5806	Khumbu	Sagarmatha	27 56 15	86 50 10
250	POKHARKAN	6372	DAMODAR	MUSTANG		
251	POKHRKANG	6372	DAMODAR	MANANG/MUSTANG		
252	PULKHANG	6120	DAMODAR	MUSTANG		
253	Pumori	7161	Khumbu	Sagarmatha	28 00 53	86 49 41
254	PUNCHEN HIMAL	6049	Mansiri	Gandaki	28 39 40	85 08 48
255	Putha Hiunchuli	7246	Dhaulagiri	Dhaulagiri	28 44 56	83 08 55
256	PUTRUNG	6466	DAMODAR	MUSTANG		
257	Raksha Urai	6593	Urai Lekh	Bajhang	29 57	81 07
258	Ramchaur	4500	Kanchenjunga	Mechi	27 35 45	88 01 42

259	Ramdrong	4499	Lamjung	Gandaki	28 24 59	84 40 59
260	Ramdung	5925	Rolwaling	Janakpur	27 49 03	86 26 00
261	Ramtang	6700	Kanchenjunga	Mechi	27 45 03	88 05 45
262	RAMTANG CHANG	6750	KANCHENJUNGA	TAPLEJUNG		
263	ROKAPT	6467	SAIPAL	BAJHANG		
264	ROMAOPEN PEAKS	6526	SAIPAL	BAJHANG		
265	ROTHONG	6682	Kanchanjunga	Singalila	27 35 36	88 05 24
266	Sagarmatha	8848	Khumbu	Sagarmatha	27 59 17	86 55 31
267	Saipal	7031	Gurans/Saipal	Mahakali	29 53 14	81 29 43
268	Saipal, East	6882	Saipal	Bajhang	29 53	81 31
269	SALBACHUM	6707	Langtang	Bagmati	28 16 15	85 38 07
270	SALDIM (Peak 5)	6374	Mahalangur/makalu	Chamlang/makalu	27 49 17	87 10 23
271	SAMDO PEAK	6335	Mansiri	Gandaki	28 38 10	84 41 49
272	SARIBUNG	6346	DAMODAR	MUSTANG		
273	SAT PEAK	6220	KANCHENJUNGA	TAPLEJUNG		
274	Shantishikhar	7591	Mahalangur	Sagarmatha Khumbu	27 57 21	86 57 56
275	SHARPHU I	7070	KANCHENJUNGA	TAPLEJUNG		
276	SHARPHU II	6154	KANCHENJUNGA	TAPLEJUNG		
277	SHARPHU III	6885	KANCHENJUNGA	TAPLEJUNG		
278	SHARPHU IV	6433	KANCHENJUNGA	TAPLEJUNG		
279	SHARPHU V	6328	KANCHENJUNGA	TAPLEJUNG		
280	SHARPHU VI	6076	KANCHENJUNGA	TAPLEJUNG		
281	Shartse	7459	Khumbu	Sagarmatha	27 57 56	86 59 00
282	SHERSON (Peak 3)	6422	Mahalangur/makalu	Chamlang/makalu	27 50 13	87 08 35
283	Shey Shikhar	6139	Kanjiroba	Karnali	29 17 13	82 47 47
284	Singu chuli	6501	Annapurna	Gandaki	28 35 15	83 5 3 06
285	Sisne	5849	Sisne	Karnali	29 47 00	80 20 30
286	Sita Chuchura	6611	Dhaulagiri	Dhaulagiri	28 47 00	83 29 07
287	SOBITONGIE	6670	KANCHENJUNGA	TAPLEJUNG		
288	Surma-Sarovar, North	6523	Surma Saravar Lekh	Bajhang	29 51	81 05
289	SWAKSA KANG	6405	Kanjiroba	Karnali	29 41 15	82 51 36
290	SWELOKHAN	6180	Mansiri	Gandaki	28 43 41	84 38 45
291	SYAOKANG	5960	KANCHENJUNGA	TAPLEJUNG		
292	TAKARGO	6771	Mahalangur	Rolwaling	27 52 29	86 30 43
293	TAKPHU HIMAL	6395	Nalakankar	Karnali	30 17 02	81 25 04
294	TALUNG	7349	KANCHENJUNGA	TAPLEJUNG		
295	TAPLE SHIKAR (CROSS PEAK)	6510	KANCHENJUNGA	TAPLEJUNG		

296	Tarek Kang	7193	Annapurna	Gandaki	28 23 25	83 53 28
297	Tashi Kang	6386	Mukut Himal			
298	Tawoche	6501	Khumbu	Sagarmatha	27 53 48	86 46 48
299	TENGI RAGI TAU	6948	MAHALANGUR	SOLUKHUMBU		
300	Tengkangpoche	6500	Mahalangur	Sagarmatha		
301	Tengkoma	6215	Kanchenjunga	Mechi	27 48 35	88 04 84
302	Thamserku	6623	Khumbu	Sagarmatha	27 47 25	86 47 15
303	Thapa Peak	6012	Dhaulagiri	Dhaulagiri		
304	Tharpu chuli (Tent Peak)	5663	Annapurna	Gandaki	28 33 30	83 53 40
305	Thorang Peak	5751	Annapurna	Gandaki		
306	THULAGI PEAK	7059	Mansiri	Gandaki	28 31 40	84 31 22
307	Tilicho Peak	7134	Annapurna	Gandaki	28 49 58	83 48 50
308	TILJE	5697	PERI	MANANG		
309	TILKANG	6369	Nalakankar	Karnali	30 16 12	81 24 53
310	TOBSAR PEAK	6100	SIRINGI HIMAL	GORKHA		
311	Tripura Hiunchuli (Hanging Glacier Peak)	6563	Kanjiroba	Karnali	29 19 36	82 44 13
312	Tsartse	6398	Mukut Himal			
313	TSO KAROP KANG	6556	KANJIROB	HUMLA	OPENED peak	
314	Tso Karpo	6518	Kanjiroba	Dolpa	29 22	82 42
315	Tukuche Peak	6920	Dhaulagiri	Dhaulagiri	28 44 45	83 33 43
316	TUTSE (Peak 6)	6758	Mahalangur/makalu	Chamlang/makalu	27 46 19	87 06 05
317	Urnkmang	6151	Jugal	Bagmati	28 10 07	85 42 58
318	Varaha Shikhar (Fang)	7647	Annapurna	Dhaulagiri	28 34 41	83 48 12
319	WHITE WAVE	6797	KANCHENJUNGA	TAPLEJUNG		
320	YAKAWA KANG	6482	Damodar	Mustang	28 48 30	83 56 41
321	Yala	5732	Langtang	Bagmati	28 14 24	85 37 32
322	Yalung Kang	8505	Kachenjunga	Mechi	27 45 15	88 08 25
323	YANME KANG	6206	Kanchanjunga	Janak	27 56 46	87 51 02
324	YAUPA	6432	Mahalangur/makalu	Chamlang/makalu	27 50 01	87 07 44
325	YOKOPAHAR(NAMPA VIII)	6644	GURANS	DARCHULABAJHANG		
326	YUBRA HIMAL	6035	LANGTANG-HIMAL	SHANKNUWASAWA		